



MOUNTAIN VIEW COMMUNITY CENTER
Successful Kids | Hopeful Families | Active Seniors

Hours of Operation

Monday—Wednesday
9:00am — 4:00pm

Thursday
9:00am — 7:00pm

Seeds of Change Community Dinner

Thursday
5:30pm—6:30pm
DOORS OPEN AT 5:00 PM

*Open to All!
Invite your friends & family!*

WE ARE CLOSED
Friday | Saturday | Sunday

Mountain View Community Center
3607 122nd Ave E, Suite A
Edgewood WA 98372

 (253) 826-4329
 contact@mtviewcc.org
 www.mtviewcc.org

How Can You Help?

TAKE THE NEXT STEP

- Make a financial contribution by using the enclosed envelope, or online by scanning the **QR Code** here.
- Become a monthly recurring donor by using the enclosed envelope, or online by scanning the **QR Code** here and choosing *Monthly Giving*.
- Become a Community Business Partner! Contact Executive Director, Jesie Holden at jesieh@mtviewcc.org, or 253-826-4329 X101.



Every donation to MVCC supports our vital programs which meet real, tangible needs and build resiliency through hope. Every donation, cash or in-kind, is tax-deductible. We can't do this without you. ♥



Saturday, August 17, 2024 | 10:00am to 12:00pm

MVCC will be at multiple pick-up locations with a goal to distribute 1,000 backpacks to 1,000 students. Check our website and Facebook page for ways to donate, volunteer, and for pick-up locations.

Questions, or to volunteer, please contact **Amanda Goetz** at 253-826-4329 x106, or amandag@mtviewcc.org.

VOLUNTEER TO HELP

- Pack food for our *Power Pack Program*
- Prepare or serve a meal for *Seeds of Change* or *Senior Café*
- Participate in one of our annual events.
- Visit our website at www.mtviewcc.org to learn more about the many ways to volunteer.

MARK YOUR CALENDAR!

Backpack Giveaway
Saturday, August 17th

Hope Moves Mountains Gala
Saturday, October 19th



Dear Friend,

As we are celebrating the end of another successful fiscal year, I have some bittersweet news to share. Mountain View Community Center's rental and utility assistance program, the *Good Neighbor Fund*, has recently closed. This program started in April 2020, as a COVID-19 response program, and was diligently run by MVCC team members and volunteers for four years. We relied on the generosity of government and private funding to support the program, which has provided 210 families financial assistance and navigated an additional 334 families since its inception. As these funds have been expended and are no longer available, the monetary assistance component of this program is now closed.

MVCC will continue to have a Community Programs Coordinator on staff, who will connect with community members and assist with navigation services to local resources. This change will allow staff to focus on growing our current community classes, which you can read about on the next page. We will be working to develop new partnerships with others to provide even more opportunities for local connection and growth.

For anyone reading, that supported the *Good Neighbor Fund* these last few years, I offer my sincere thanks. You made a big difference in the lives of your neighbors. Many recipients shared their gratitude. Here is what one mom had to say: *"I had become so isolated and depressed about my health and financial problems, that I was blind to the help that is there for us, if we are humble enough to ask. Reaching out to the community, and seeing that small effort rewarded with generosity has made me feel less alone and more optimistic."*

Time marches on, and we are busy prepping for our *Annual Backpack Give-a-Way* event on Saturday, August 17th. Please consider donating monetarily, or purchasing a few backpacks to support the event. I sincerely hope you will join in on the celebration and fun of our *Annual Auction and Casino Night* on Saturday, October 19th. You can find more information about both events on the following pages.

As always, thank you for your commitment to help us develop successful kids, hopeful families, and active seniors. I wish you and your family a joyful and hopeful summer!

With gratitude,

Jesie Holden
Executive Director

VOLUNTEER OPPORTUNITIES

Volunteers are the heart of Mountain View Community Center, and there are many great opportunities for all ages!

Have you created an account on MVCC's Galaxy Digital volunteer database yet?

It takes about three minutes. Once registered, you will receive updates every time we post a volunteer opportunity that suits your interests. Visit our website and go to our **"Volunteer"** page; or scan the **QR Code** below to see upcoming volunteer opportunities.



YES, I want to help support the work of Mountain View Community Center!

MONTHLY gift of: \$25 \$50 \$100 \$ _____

One-time gift of: _____

Payment Method: (Checks payable to Mountain View Community Center)

Electronic Funds Transfer EFT (**MONTHLY GIVING ONLY...** attach VOIDED check)

Visa MC Discover AmEx Exp Date: _____ CVV: _____

Credit Card Number _____

Signature _____



Make a secure gift or pledge online by scanning the QR code here; or go to www.mtviewcc.org. Feel free to call with your credit card information **M—Th, 9a—4p.**

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

Email: _____

THANK YOU!

Your donation is tax deductible.
MVCC is a 501(c)3 nonprofit organization
Tax ID 26-4177066

Successful Kids | Hopeful Families | Active Seniors





Successful Kids

through dance education, self-expression, and involvement within a safe community." The 4-week pilot program provided elementary students with dance instruction led by professional dancers and dedicated volunteers. During the four sessions, over 40 students learned new dance skills for a choreographed routine, with 50% of the students attending their first dance program. One mom said, "My daughter has wanted to participate in dance for a very long time, but due to our income level we haven't been able

to provide her with that. We are a homeschool family as well. So being able to be a part of this program has opened her to a community of like-minded people who love to dance and the ability to socialize. This program is an amazing one!" MVCC and Backstage will continue to partner together for FREE dance classes for youth.

Be sure to visit our Facebook page and website soon for upcoming Fall 2024 classes.

This spring was the start of a beautiful partnership with The Backstage Foundation, a non-profit that "funds opportunities for youth development and core value training



Hopeful Families

has been used by service providers, educators and social workers throughout the US, and eight other countries around the world. PFR is dedicated to promoting children's social-emotional development through responsive, nurturing caregiver-child relationships. MVCC coordinated with a Spanish speaking, PFR-certified instructor. 15 participants completed the 10-week program and gained practical skills to relate with and nurture their children. 100% of the parents/caregivers expressed improvement and gained knowledge in parenting skills, and 85% of surveyed participants improved in understanding how to

support their child as he or she learns new skills. One caregiver said, "As adults, we sometimes forget to empathize with children, now I try to understand and think about how I would feel or how I felt as a child. I have seen the progress of my children and how easy it is now for my children to connect with me. I put more into practice, spending more quality time with them so that they can see that I give them the attention they deserve." MVCC is thankful for the partnership with PFR, and are working on plans and funding to continue the program in Spanish and English-speaking formats.

The year MVCC offered a new program, an online Spanish speaking parenting class. *Promoting First Relationships* (PFR) was developed by the University of Washington and



Active Seniors

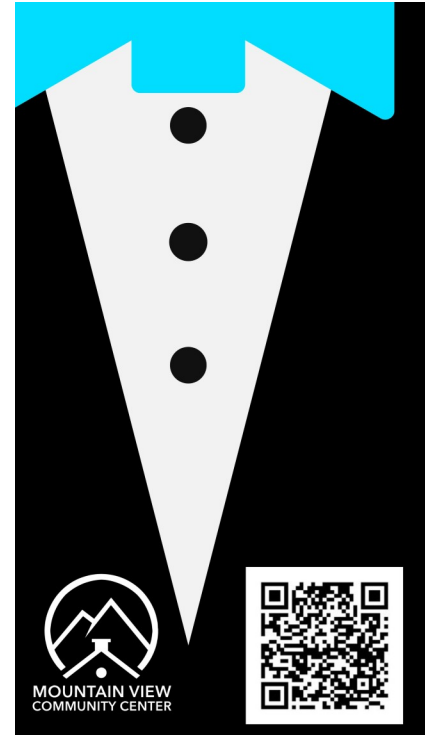
top of the multiple fitness, social and educational events we host each month! Our 2 new classes take place each Monday... Seated SAIL fitness, (additional class added due to popularity, from 11:30am—12:30pm), and *Writers' Support Group* from 12:45—2:00pm.

All classes, meals and events are FREE, thanks to local company sponsorships, participant donations and community grants. Our team and guests work hard to be welcoming and create a sense of belonging. Here is what one newer guest had to say, "I can't believe I didn't come sooner. I was so afraid I wouldn't fit in or that

there would be set groups that I couldn't join, but everyone is so welcoming and willing to make room for new people. No one should be afraid to come here!"

To learn more, visit our website and Facebook page, or better yet come for a visit and talk to one of our friendly team members or senior participants! See you soon!

We are happy to share that more and more people are attending Senior activities at MVCC! In May we started offering two new weekly classes, on



Mountain View Community Center 2024 Hope Moves Mountains Gala

October 19th, 2024
Federal Way Performing Arts and Events Center

Hope Wins Casino Night

Join us for a fun and festive evening of casino games, prizes, dinner, live auction, and an opportunity to raise the paddle to support successful kids, hopeful families, and active seniors.

Ticket sales opening soon ~ be sure to catch the Early Bird pricing!
July 20th-August 20th: Tickets \$125 each, or Table Sponsor (10 seats) \$1250
August 21st-October 1st: Tickets \$150 each, or Table Sponsor (10 seats) \$1500

For more information on how casino night works, or for more event details scan this QR code to visit our website.

Sponsorships Available!

If you are interested in becoming a sponsor for any of our upcoming events, we welcome the chance to promote your company. **Contact Jesie Holden at jesieh@mtviewcc.org for more information.**

MVCC Programs



Youth & Family Programs

Providing children and families the resources they need to thrive



Community Programs

Building community and support between neighbors



Senior Programs

Promoting wellness through friendship and fitness